# PERIPHERAL ARTERIAL DISEASE (PAD)
# BLOOD CIRCULATION SCREENING

Peripheral Arterial Disease (PAD) is a serious circulatory problem in which the blood vessels that carry blood to your arms, legs, brain, or kidneys, become narrowed or clogged. It affects over 8 million Americans, most over the age of 50. It may result in leg discomfort with walking, poor healing of leg sores/ulcers, difficulty to control blood pressure or symptoms of stroke. People with PAD are at significantly increased risk for stroke and heart attack. Answer to these questions will determine if you are at risk for PAD and if an arterial exam will help us better assess your arterial health status.

**NAME:**_____**TODAY'S DATE:**_____

**ARE YOU UNDER THE CARE OF A CARDIOLOGIST?** **YES** **NO**

**IF YES, NAME:**_____**CITY:**_____

## CHECK THE FOLLOWING TO INDICATE "YES" TO ANY THAT APPLY.

YOU ARE TREATED FOR HIGH CHOLESTEROL

YOU HAVE USED TOBACCO

YOU ARE DIABETIC

YOU EXPERIENCE FOOT, CALF, BUTTOCK, HIP OR THIGH PAIN

YOU EXPERIENCE PAIN AT REST IN LOWER LEGS OR FEET

YOU EXPERIENCE FOOT OR TOE PAIN THAT DISTURBS YOUR FEET

YOUR TOES OR FEET ARE PALE, DISCOLORED OR BLUISH

YOU HAVE SLOW HEALING SKIN WOUNDS OR ULCERS ON FEET OR TOES

YOU DOCTOR TOLD YOU THAT YOU HAVE DIMINISHED OR ABSENT PEDAL PULSE

YOU HAVE SUFFERED A SEVERE INJURY TO THE LEGS OR FEET

YOU HAVE AN INFECTION OF THE LEG OR FEET THAT MAY BE GANGRENOUS (BLACK TISSUE)